

CHURCH OF THE ASCENSION OF THE LORD

BALALLY PARISH

28th August 2022

Twenty—Second Sunday in Ordinary Time

Parish Office Open Hours:

Monday to Friday 9.30am – 2.00pm.
Tel: 01-2954296

Email: balallyparish@gmail.com

Web: www.balallyparish.ie



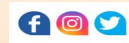
Fr Jim Caffrey PP 0861579825

jcaffrey73@gmail.com

Fr Dermot A. Lane Tel: 012956165

Pastoral Centre 012953095

Email: balallyparish@gmail.com



Mass Times & Intentions:

Sunday 28th August 10.00am

John & Josephine Dowling/
Paraic Ruane/ Patrick & Elizabeth Candon/
Special Intention(Birthday remembrance for Liam Dunbar)

Monday 29th August 10.00am Mass

Michael & Sarah Farragher/ Marie Ryan/
Gerard Hand/ Bernadette Moriarty/
Special Intention X2/Special Intention (Get well)

Tuesday 30th August (No Mass)

Wednesday 31st August 10.00am Mass

Roger Kelly /
Deceased members of the Coughlan & McMahon Families/
Special Intention

Thursday 1st September (No Mass)

Friday 2nd September 10.00am Mass

Altar List of the Dead

Saturday 3rd September 6.00pm Vigil Mass

Maura Lang (6th Anny) Tom Pender/ Sr Frances Teresa/
(Special Intention Get well for Anne Byrne)

Sunday 4th September

Terry Kavanagh (8th Anny)/ Paddy Brennan/ Tom Pender



*Everyone who exalts himself will be humbled
and he who humbles himself will be exalted.
(Gospel)*

Reflection by Father Laurence Freeman

We begin to realise that developing our capacity for attention, which is what makes us human, takes time. It is like developing good muscular health. There is something called muscle atrophy, the wasting away of muscle mass.

When people are sick and they have to lie in bed for long stretches of time, their muscles usually begin to fade away due to one thing – lack of exercise, or sometimes poor nutrition. The muscle can look then, in quite a short space of time, as if it is lost, it has just gone away, but it hasn't actually gone away, it has just become much smaller. But it can be rebuilt and good therapy, a healthy attitude to life, a spirit of hopefulness and help from people who can help you, can rebuild that muscle so that you can walk, move, stretch, and be in your body as you are meant to be. The same is true of the mind and of our capacity for attention.

DOROTHY DAY, THE FOUNDER OF THE CATHOLIC WORKER MOVEMENT

Quote

Turn off your radio. Put away your daily paper. Read one review of events a week and spend some time reading good books. They tell too of days of striving and of strife. They are of other centuries and also of our own. They make us realize that all times are perilous, that men live in a dangerous world, in peril constantly of losing or maiming soul and body. We get some sense of perspective reading such books. Renewed courage and faith and even joy to live.

Church Services:

Baptisms: Baptisms take place
Second Sunday of every month.

For more Information please contact the
Parish Office on 012954296

Email: balallyparish@gmail.com

Balally Parish Mass Times:

Monday 10.00am Wednesday 10.00am and
Friday 10.00am. Saturday 6.00pm (Vigil Mass)
Sunday 10.00am

7.00pm vigil Mass Holy Days
10.00am Mass on Holy Day



[View the Live Broadcast of our services](#)

[Go to www.balallyparish.ie](http://www.balallyparish.ie)
for live streaming of our online Masses



COLLECTIONS

Thank you for your very generous
response to last Sundays collections

1st Collection €695 & 2nd Collection € 465



Balally Parish 400 Club

August draw will take place this weekend

Did you ever think of joining
If you would like to Subscribe please contact
Ph: 087 2577651 or Parish Office 012954296



The Coffee dock is open
Sunday, Monday & Friday after 10.00am Mass
Please do drop in for a cuppa and a chat.
if you are interested in volunteering
please contact the Parish Office on 01-2954296



Prayer for Season of Creation (Sept 1 - Oct 4th)

O Creator God, in this month of creation
time, teach us to see your footprints in the
beauty of creation. Help us to listen to the

voice of creation, inspire us to respect the rights of all
people and all living species to share in your gifts today and
to be always mindful of those who come after us. **Amen**



SEASON OF
CREATION

A Word From Fr Jim .

As I write this, I hear on the news that the Bishops have called for greater concern for those hit by the hike in the cost of living. It reminds us that our faith needs to be real and practical. One of the criticisms often launched against meditation is that it is selfish. In the 60s a woman wrote to the Cistercian Monk Thomas Merton- " I just don't trust this meditation business. All you do is sit and contemplate your belly button and look for peaceful feelings while the rest of the world goes hungry." Merton, who as well as being a famous monk was also a passionate advocate for social justice famously replied, " it is from deep silence that I find the gentleness with which I can truly love my brothers and sisters.

The more I pray, the more loving I should be. I'm not interested in a meditation that is about focusing on myself. My kind of meditation focuses my attention off myself onto the other, who calls me to love my brother, my sister, especially the poorest and weakest. That's why when we are talking here in Balally about Building Hope through meditation and service, the most important word is AND.

Don't forget to put Fr Laurence's talk in your diary,
Tuesday 13th September @7.00pm .

With my love & Blessing
Fr Jim

THREE ROCK PANORAMA

Three Rock Panorama

Community Magazine September issue is on sale at the usual retail outlets this weekend. It can also be viewed online at: threerockpanorama.ie

The deadline for receipt of material for our October edition is **Monday 12th September"**.

THE GOSPEL

Luke 14:1, 7-14

Rather, when you hold a banquet, invite the poor, the crippled, the lame, the blind.

Jesus,
at times,
we hobble.
We are frozen.
We see through a fog. We forget.
But please,
let us come to your banquet.
Hold us up, teach us the way to walk.
Tell us how to love one another.
and how to help
others.
Give us a taste of your feast,
every time we meet you,
in Mass, communion,
and every time
we love.

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